

REFRESH YOUR KNOWLEDGE AND GAIN ACCREDITED CPD EDUCATION AT THERAPY EXPO

NEW!

THERAPY EXPO



Topic	
Differential Diagnosis of the Shoulder Complex John Gibbons, Osteopath, Author & International Lecturer, Oxford University Sport	
Serving Up a Challenge: Using Global Movement Principles To Get To The Source Of An Upper Limb Injury Joanne Elphinston, Physiotherapist, Performance Consultant & International Lecturer, JEMS Movement	
Impactful digital marketing using social media Celia Champion, Director, Painless Practice	
The BIG Fight!! Tibialis posterior versus peroneal longus. The stirrups of the foot and their relationship to ankle sprains and shin splints in runners Paul Hobrough, Owner, published author and Runners World Columnist, sports scientist and Physiotherapist, Physio&Therapy UK	
Top 5 ethical, effective and efficient marketing strategies Celia Champion, Director, Painless Practice	
Rehabilitation of the emergency response; harnessing the power of exercise-induced muscle damage Claire Minshull, Director, Get Back to Sport	
Can the hip joint be implemented with patients with back or knee pain John Gibbons, Osteopath, Author & International Lecturer, Oxford University Sport	
Intensive neuro-rehabilitation augmented with technology: delivery, outcomes and the future Sarah Daniel, Clinical Director & Consultant Neurological Physiotherapist, MOTIONrehab	
Encouraging a returning and referring culture Celia Champion, Director, Painless Practice	
The Forefoot elephant. Barefoot Vs orthotics with a little bit of minimalist footwear on the side. The argument that will divide opinion! Paul Hobrough, Owner, published author and Runners World Columnist, sports scientist and Physiotherapist, Physio&Therapy UK	
Case Study from MOTIONrehab's Intensive Rehabilitation Programme Sarah Daniel, Clinical Director & Consultant Neurological Physiotherapist, MOTIONrehab	
Top tips to transform your practice Celia Champion, Director, Painless Practice	
Shockwave therapy on areas you may not think of when considering this technology. The science and the anecdote bring these ideas to life Paul Hobrough, Owner, published author and Runners World Columnist, sports scientist and Physiotherapist, Physio&Therapy UK	
Exercise-induced muscle damage as a modality to enhance rehabilitation outcomes; it's not all 'bad'! Claire Minshull, Director, Get Back to Sport	
Intensive Upper Limb rehabilitation augmented with VR & Robotics Sarah Daniel, Clinical Director & Consultant Neurological Physiotherapist, MOTIONrehab	
Conditioning efficacy; A roadmap for optimising outcomes in performance-based rehabilitation. Claire Minshull, Director, Get Back to Sport	
Gait Rehabilitation implementing The Lyra, Robotic Gait Trainer Sarah Daniel, Clinical Director & Consultant Neurological Physiotherapist, MOTIONrehab	
What is Shockwave therapy and how do I make bring its use into my practice? The full A-Z of introducing SWT to your workplace Paul Hobrough, Owner, published author and Runners World Columnist, sports scientist and Physiotherapist, Physio&Therapy UK	

ROCKTAPE MOVEMENT SUMMIT

Day 1	
Topic	
IASTM - Clinical uses for the RockBlade & Mohawk Paul Coker, Rob Crowley, Mike Grice, Daniel Lawrence	
Stick Mobility Participation Class Paul Coker, Rob Crowley, Daniel Lawrence	
Lower Limb Tendinopathy: The do's and don'ts Daniel Lawrence	
Lower Limb Taping Techniques Paul Coker, Daniel Lawrence, Rob Crowley, Mike Grice	
Thoracic Mobility: The Combined Treatment Approach Paul Coker	
Mobility Band Participation Class Daniel Lawrence, Rob Crowley	
Back Bending - Good, Bad, or Ugly? Special Guest Dr Chris Norris	
CrossFit Athlete Treatment Rob Crowley	
Ankle Injury: The Rehab Journey Mike Grice	
Stick Mobility Participation Class Paul Coker, Rob Crowley, Daniel Lawrence	
Open demo zone: come and try the products All tutors	
Day 2	
Topic	
IASTM - Clinical uses for the Blade & Mohawk Paul Coker, Andrew Caldwell, Gemma Griffies, Daniel Lawrence	
Fundamentals of golf performance and injury risk reduction Andrew Caldwell	
Stick Mobility Participation Class Paul Coker, Andrew Caldwell, Gemma Griffies, Daniel Lawrence	
Taping top tips from the RockTape team Paul Coker, Andrew Caldwell, Gemma Griffies, Daniel Lawrence	
Tendinopathy Loading Techniques (lower limb) Daniel Lawrence	
Pilates - the best moves and how to teach them Gemma Griffies	
Strength and Conditioning for Sports - Techniques to enhance performance and reduce Injury Risk Andy Caldwell	
Mobility Band Participation Class Paul Coker, Gemma Griffies, Daniel Lawrence	
Open demo zone: come and try the products All tutors	

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